Sexual Relationship Power Scale  (Spanish-language scale also available)

Relationship Control Subscale

Each of the following items was scored on a 4-point Likert scale, where 1 = Strongly Agree, 2 = Agree, 3 = Disagree, and 4 = Strongly Disagree.

1. If I asked my partner to use a condom, he would get violent.
2. If I asked my partner to use a condom, he would get angry.
3. Most of the time, we do what my partner wants to do.
4. My partner won’t let me wear certain things.
5. When my partner and I are together, I’m pretty quiet.
6. My partner has more say than I do about important decisions that affect us.
7. My partner tells me who I can spend time with.
8. If I asked my partner to use a condom, he would think I’m having sex with other people.
9. I feel trapped or stuck in our relationship.
10. My partner does what he wants, even if I do not want him to.
11. I am more committed to our relationship than my partner is.
12. When my partner and I disagree, he gets his way most of the time.
13. My partner gets more out of our relationship than I do.
14. My partner always wants to know where I am.
15. My partner might be having sex with someone else.

Decision-Making Dominance Subscale

Each of the following items was scored in the following manner: 1 = Your Partner, 2 = Both of you Equally, and 3 = You.

16. Who usually has more say about whose friends to go out with?
17. Who usually has more say about whether you have sex?
18. Who usually has more say about what you do together?
19. Who usually has more say about how often you see one another?
20. Who usually has more say about when you talk about serious things?
21. In general, who do you think has more power in your relationship?
22. Who usually has more say about whether you use condoms?
23. Who usually has more say about what types of sexual acts you do?